

# LILIA GAAB

ACTRESS · PERFORMER · POETIC CLOWNING FACILITATOR

Born 1977 | Based in Germany  
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Independent performer and facilitator working with authorial formats in the field of poetic clowning, physical and performative practice. Her work operates at the intersection of physical theatre, improvisation and performative research, focusing on presence, vulnerability and the embodied experience of being human.

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## THEATRE & PERFORMANCE

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### Instrument Tech, Morcelle Program

- 12/2026 - Interactive clown performance within the family festival EngelsPfad, Augsburg
- 04/2025 - Authorial solo performance "MISSION" (50 min), physical clowning performance, directed by Karlo Mo - premiere in Barcelona
- 01/2023 - Development of the solo project "Ei", work-in-progress showing, Barcelona
- 2017 - "The Clean House", leading role; touring production in Bavaria with the theatre ensemble Einzig undartig

## FACILITATION & TEACHING

2020 — present

- Authorial training **PlayFool**: Poetic Clowning · Body-based Work · Performative Improvisation for performing arts professionals and participants without an acting background
- Locations: Germany, Spain, online
- Formats: 1–6 days

### Selected experience:

- Multi-day trainings (3 days) for theatre groups in Munich (2020, 2024)

## EDUCATION

- **2013–2016 - Acting training — private acting school ARTEMIS, Munich**
- 2012–2013 - Certification as a psychological counsellor
- 2005–2010 - B.A. in Media and Communication Studies, Augsburg

## ADVANCED TRAINING / POETIC CLOWNING (SELECTED)

- Born to Be a Clown - Ashwath Bath
- How to Be Funny - Peter Shub
- Clown teacher training - Ton Kurstiens & Ulrich Fey
- Clown Summer Retreat - Pedro Fabio, Portugal
- Holy Clown (7-day intensive) - Metamorfoosi Theatre, Helsinki
- Intensive clown trainings: Nicole Kehrberger (Berlin), Karlo Mo (Moscow), Thomas Schedegger (Switzerland)
- Butoh Lab with Anton Adasinski "DEREVO"

## ADDITIONAL PROFESSIONAL PRACTICE

Private psychological counselling practice (since 2010)

Certified training in De-Armouring (body-oriented method)

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## SKILLS

- Facilitation of interactive, body-based training formats.
- Work with presence, improvisation and group dynamics
- Musical practice (guitar, accordion)
- Dance and yoga as embodied disciplines

## LANGUAGES

Russian - native, German - native, English - B2

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